

REDUCE ~ RE-USE ~ RECYCLE:

The 3Rs

Reduce — Avoid waste - look for ways to use goods that stop waste from being generated. Reduce waste - choose products that can be used productively, recycled locally, and have minimal packaging.

Re-use — Re-use containers, packaging or items you were thinking of throwing in the trash.

Recycle — Recycle waste material into useable products.



Reduce

Want to help the environment? The most effective way is to reduce your waste before it becomes rubbish.

- Choose products with less packaging
- Choose products with recyclable or reusable packaging
- Carry reusable shopping bags or boxes
- Re-use plastic bags and all types of containers over and over again
- Buy quality goods that will last
- Encourage manufacturers to play their part.

Re-use

- Donate unwanted clothing, furniture, linens, etc. to charities.
- Hold a garage sale.
- Use glass bottles and jars, plastic bags, aluminum foil and take away food containers over and over again before recycling or disposing of them.
- Carry lunches in a reusable container rather than disposable wrappings.
- Re-use envelopes and use both sides of paper.

Recycle

Recycling recovers materials used in the home or in industry for further uses. Only recycle after trying to reduce and reuse.

- Recycling helps prevent environmental pollution
- Recycling saves natural resources
- Recycling reduces the amount of material dumped in landfill sites